

## **CONCUSSION MANAGEMENT POLICY 5285**

Physical education teachers, coaches, nurses, and other appropriate staff will receive training to recognize the signs, symptoms, and behaviors consistent with a concussion. Any student exhibiting those signs, symptoms, or behaviors while participating in a school sponsored class, extracurricular activity, or interscholastic athletic activity shall be removed from the game or activity and be evaluated as soon as possible by an appropriate health care professional. Depending on the circumstances, the coach, athletic trainer, or school nurse will notify the student's parents or guardians and recommend appropriate monitoring to parents or guardians.

If a student sustains a concussion at a time other than when he or she is engaged in a school-sponsored activity, the District expects the parent/legal guardian to report the condition to the school nurse so that the District can support appropriate management.

The student shall not return to school or activity until authorized by an appropriate health care professional. All students returning to school or extracurricular activities will be governed by the Concussion Management Plan. The District Physician will make the final decision on return to activity, including physical education class and after-school sports.

Any student who continues to have signs or symptoms upon return to activity shall be removed from play, if applicable, or other activity and reevaluated by his or her health care provider. Upon return from re-evaluation, the student's activity will be governed by the Concussion Management Plan and, the District Physician will make the final decision on return to activity, including physical education class and after-school sports.

The Superintendent, in consultation with appropriate district staff, including the District Physician, will develop regulations and protocols to govern concussion management.

Reference: New York State Concussion Management and Awareness Act adopted in November 2011.

Adopted after a second reading: July 9, 2012

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