

Mr. Lieto Band Practice Journal

Name _____ Date _____

I WARMED UP by playing (circle and complete all that apply):

a. Scales (which one(s))? _____

b. Long tones (for how many beats?) _____

c. Rudiments (percussionists) (which ones?)

d. Other

After warming up, I PRACTICED (circle all that apply):

a. Band music (list titles and measures)

b. Other (list titles)

Rate the following skills for this practice session using this scale:

*1= Great!
2=slightly better
3=needs improvement*

Rhythm, counting, and keeping a steady tempo _____

Posture and hand position _____

Note reading and fingerings _____

Breathing, sound quality, dynamics (volume), and articulation (tonguing and slurring) _____

Other skills you have been working on (including improvisation) _____

How do you feel about this practice session? (1 is the highest) Please circle.

4 3 2 1

Total minutes for today _____

Parent/Guardian Signature _____

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